

Student Name

Instructor Name

Course

Date

Reflective Essay: Nurse Life

When I first began the process of determining whom to interview for my nursing essay, one person immediately came to mind: Daphne, RN. She is a respected and knowledgeable nurse known for her compassion and dedication to patient care. In this essay, I will reflect on my interview with Daphne by asking a series of questions and discussing her reasons for becoming a nurse, her experiences in nursing school, her fondest memories from her patients, and her thoughts on the meaning of "Nurse Life." I will also explore her challenges as a nurse and how she deals with them. At last, I will reflect on my thoughts on the interview and how it has changed my perspective of nursing life.

One of the first questions I asked Daphne was, "Why did she choose to become a nurse?". She shared that from a young age, she had a passion for helping others and felt that nursing was the best way to do so. She said, "I became a nurse because loving and helping people is all I want to do for the rest of my career and life." Her response resonated with me, as I have always been drawn to healthcare.

During my interview with Daphne, I was curious about "her experience in nursing school. I asked her to describe what nursing school was like for her. She shared that it was challenging but also extremely rewarding.

I then asked her how she "managed and balanced work, family, and life" during nursing school. She spoke of the importance of having a supportive family and friends to help her balance the demands of classes, studying, and clinical experiences. She also discussed the difficulties she faced in balancing her life's aspects.

I asked her about the "level of commitment" required to be successful in nursing school. She emphasized the long hours of classes and studying required to succeed in the program.

Moreover, I wanted to know more about "her clinical and lab experiences" and how they helped her understand the realities of the profession. Moreover, I wanted to know more about "her clinical and lab experiences" and how they helped her understand the realities of the profession. She told me that she had the opportunity to work in a variety of clinical settings, from community health centres to major hospitals. Additionally, she was able to gain a solid understanding of laboratory procedures and how they were related to medical diagnosis and treatment. Her experiences enabled her to have a whole new perspective on the medical field, and she was eager to use this knowledge in her work. She was very motivated and passionate about her job, which made me even more excited to learn from her.

I also asked her about how she prepared for the "NCLEX". She shared that she created a binder and sectioned it out, purchasing multiple NCLEX books to help her study. She also mentioned that taking practice questions was the best way for her to learn and understand why she got something wrong when she did. Her answers to my questions gave me a deeper understanding of the nursing school experience, the challenges, and the level of commitment required to succeed in the field.

Daphne also shared some of her "fondest memories from her patients". She spoke of her father, whom she had the privilege of caring for before he passed away and a young cancer patient she watched fight and ultimately ring the remission bell. She also spoke of a patient whom she helped pass away peacefully, holding her hand and talking to her until her daughter arrived. These three memories were emotional and heartwarming, and they reminded me of the impact that nurses can have on their patients and their families.

When I asked Daphne what the phrase "Nurse Life" means to her, she described it as a dedication to the well-being of her patients, both on and off the job. She spoke of the long hours

and the sacrifices she makes for her patients but also of the immense satisfaction and fulfillment that comes from her work. I can relate to her sentiments, as I have already experienced the joys and challenges of nursing.

Finally, I asked Daphne about "the hardest thing about being a nurse". She shared that it can be difficult to deal with suffering patients, especially when there is nothing more that can be done for them. She also spoke of the emotional toll the job can take and the importance of self-care and maintaining a good work-life balance. I found her honesty and insight into the challenges of the nursing profession to be enlightening and valuable.

In conclusion, my interview with Daphne, RN, was both enlightening and inspiring. Her passion and dedication to her patients moved me to help others. Her reflections on nursing school, her fondest memories, and the meaning of "Nurse Life" gave me a deeper understanding of the profession and the impact that nurses can have on others. This interview changed my perspective on nursing and life. The experiences that the nurse shared with me, both positive and challenging, gave me a better understanding of what it means to be a nurse. I now have more appreciation for all that nurses do every day to provide compassionate care and support to those in need.